

This is Everything Gigi Gorgeous



Directed by Academy Award® Winner **Barbara Kopple**

YOUTUBE RED PRESENTS IN ASSOCIATION WITH CABIN CREEK CENTER FOR WORK AND ENVIRONMENTAL STUDIES, INC. AND SANDER/MOSES PRODUCTIONS A SELECTNEXT PRODUCTION
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OFFICIAL VIEWER'S GUIDE

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ABOUT

THIS IS EVERYTHING: GIGI GORGEOUS



The Film

This Is Everything: Gigi Gorgeous chronicles the incredible transition of Gregory, a champion diver destined for the olympics, to Gigi Gorgeous, a rising media personality and model known for her makeup tutorials and online presence. It's a story about unconditional love and finding the courage to be yourself -- all while thousands of fans are watching on YouTube!

It Gets Better®

This Discussion Guide was written by education staff at the It Gets Better Project, a 501(c)(3) nonprofit organization based in Los Angeles, California. With affiliates operating on 4 different continents, the It Gets Better Project boasts a truly global operation. Together, we use the power of story - told through online videos, social media, films (like *This Is Everything: Gigi Gorgeous*), books, and more - to inspire, empower, and connect LGBTQ+ youth around the globe. So far, over 60,000 It Gets Better® videos have been shared.

BEFORE VIEWING THE FILM

As a kid, Gigi was full of energy, didn't quite fit in, had a drive to succeed, and was the first person to make an impact when she walked into a room. Show of hands:

How many of you can relate?

How many of you felt like that as kids?

How many of you still sort of feel like that now?

There are things that make us different as people — obvious things — but at our core, there are still many things that connect us. If you can relate to Gregory as a kid, chances are you can relate on some level to Gigi as an adult.

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DISCUSSION QUESTIONS

AFTER VIEWING THE FILM

Talk with a partner about the reactions of the different members of Gigi's family when she first came out as gay.

What emotions do you remember each of them going through and what does that say to you about what people think about, and how people treat, members of the LGBTQ community?

Let's talk about the videos that Gigi receives from people all over the world who she inspires.

How many of you are active on social media?

Does it help you to see people who represent who you are and the type of person you want to be on social media?

How do you think the bullying on social media compares to bullying in schools? Better? Worse?

How does social media have the power to make a difference?

There's a portion of the film where Gigi is meeting with a doctor who gives her a sort of crash course in LGBT history.

What was something new you learned from this scene?

Did it surprise you to know that before the Nazi's took over Germany, gender fluidity was a sort of widely accepted construct? Why or why not?

At the end of the film, after successfully walking in Fashion Week, we learn that Gigi was denied entry into Dubai because she is trans.

Why do you think the filmmakers chose to end the movie like this?

Gigi's dad has a really tough time accepting her as Gigi, and Gigi has a tough time understanding why her family can't call her by her female name and female pronouns.

What stands out to you most about that relationship?

Why do you think it's so important to Gigi that her family accept her as their daughter/sister?

When Gigi first announced she wants to transition from male to female, her brother Adam says, "I wouldn't say I lost Gregory, I think I always have a sibling. I think gender is a false construct. The name change and stuff don't change anything, the only thing that was gained was total freedom."

What do you think about the idea that gender is a false construct and why?

What are the main differences you noticed between Gregory and Gigi while watching the film?

Final questions:

What did you take away from watching this film?

How does watching films like this help inspire LGBTQ young people?

What can you relate to most about Gigi's journey?

Was there anything about Gigi's story that you were surprised to learn or didn't expect?

How did it get better for Gigi?